



Outgoing message...
**Humbled,
 Honored, and
 Stepping Down to
 Past-President**

*Reshelle Marino, Ph.D., LPC-S,
 LCA President 2021-22*

I am so grateful to have had the amazing opportunity to lead our state counseling association for the past year. Our leaders and members make our association a strong one. I had the experience of working along side amazing people and am thankful to have collaborated on initiatives to further advance our professional association. Thank you for entrusting me with serving as your President of LCA for 2021-2022.

As I step into the role of Past-President, it is somewhat nostalgic. I think about running for President-Elect-Elect-Elect 5 years ago. I sincerely can't believe it has been that long. Then I think about some of the things we have endured over that time with the pandemic, hurricanes, war, presidential changes, virtual conferences, and the counseling compact. We have learned how to adapt and how to hold dear to what our association and profession means. I am honored and humbled to have been a leader during such challenging times. We have endured so much, and have accomplished even more.

*(Honored, Humbled & Stepping Down,
 continued on page 2)*

Presidential Perspective
We Are Off and Running!

*Thomas Fonseca, Ph.D., LPC-S, LMFT,
 NCSC, NCC, LCA President 2022-2023*



Hello colleagues. I am truly honored and privileged to serve as the President of the Louisiana Counseling Association

(LCA) for the 2022-2023 term. I want to acknowledge the leadership of my predecessors, the Executive Director, and the Executive Board members for their commitment to serving LCA members and their continued motivation to strengthen the association. I extend a very warm welcome to all new and returning members. Thank you for your interest and membership in LCA. I am grateful for your continuous engagement, participation, shared leadership, and contributions to the mental health care community.

As LCA President, I pledge to work hard for each member. One of the best ways to do that is through actions that support and encourage every division, while fully respecting their autonomous LCA affiliation. With the support of many counselors and individuals who also believe in the power of service to others, LCA will continue to serve through advocacy, making our voices heard now and into the future. We will continue to strive for social justice, for an end to racism and discrimination, and continue to demand that everyone be treated humanely regardless of their gender identity, sexual orientation, religious beliefs, cultural background, or socioeconomic status.

I am looking forward to collaborating with and advocating for our counseling profession in this role. My rea-

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This issue's features ...

- ✎ LCA Government Relations Update, on page 4.
- ✎ Last opportunity to nominate a deserving professional for an award on page 4.
- ✎ Candidates for LCA President in 2025-26! See bios on page 5 and their platform statements beginning on page 7.
- ✎ Mini Minutes from last LCA Board Meeting. See page 8.
- ✎ Triple update on Bylaws, Succession Planning and our Strategic Plan. See on page 9.
- ✎ Proposed Bylaws changes detailed on page 10.
- ✎ Four ways to vote for LCA President and Bylaw changes on page 11
- ✎ Professional Development Committee article on page 11.
- ✎ 12 Division President Reports begin on page 12.
- ✎ From Me To You, a member editorial on page 15.
- ✎ New grad student article on page 22.
- ✎ LCA Bulletin Board on Tradewing is up and running see more on page 23.
- ✎ New 2022-23 LCA Leadership Roster on page 24.
- ✎ Thoughts and prayers requested for these LCA Members and their families. See page 25
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son for becoming a counselor and being in this space is because I have a passion for helping others, want to create safe spaces for conversations about mental health and emotional needs, and become well-informed about the resources we have available in our community so that this information can be used to bridge community needs within our mental health system.

LCA provides a great place to come together to sharpen our skills, voice our needs, organize new, needed strategies, and channel our energies. We must never rest on our laurels. I ask each LCA member to reach out to Louisiana counselors who have not yet chosen to affiliate with us and invite them to join the association. We can show them that unity is in their best interest and enriches our entire profession.

These challenging times and the increasingly diverse cultural landscape profoundly impact our work and the clients we serve, requiring us to help each other and collaborate with our communities and the helping professions at large. I hope that together we can strengthen the purpose of LCA by embracing our diverse membership (with inclusiveness and equity for all members, including leadership). I ask for authentic feedback and collaboration from all those involved in the counseling profession. I seek constructive partnership and collaboration with other mental health professionals as I strongly support a vision

(Presidential Perspective, continued on page 3)

Honored, Humbled and Stepping Down, continued from page 1

We had a 2nd successful virtual conference, but I am so glad to be back in person this fall in New Orleans at the Astor Crowne Plaza. I am looking forward to Dr. Tommy Fonseca's theme, Together Again. I truly believe we will make friendships, memories, and gain a wealth of knowledge from the sessions selected. I hope to connect with new professionals and help to inspire future leaders to become involved in LCA.

What I am most proud of during the past year is the emphasis and efforts dedicated to keeping 'Overcoming Racism' at our forefront of all endeavors. We will have a finalized mission statement to share with everyone at conference this year. I am so thankful to all who worked together to make this possible.

(Honored, Humbled, and Stepping Down, continued on page 3)

Presidential Perspective, continued from page 2

of unity in the counseling profession.

With a shared vision, LCA hopes to focus on ensuring member benefits and enhancing member satisfaction by centralizing information, resources, and communication, as well as increasing the accessibility of resources. I also aim to strengthen the collaboration between LCA divisions and committees while increasing diversity in leadership and membership. LCA stands proudly and firmly to advocate for our profession while giving back to our communities.

Being a counselor is not easy. I respectfully acknowledge that each of you have worked so hard in being present for your clients, in providing emotional support for your own families and colleagues, and doing your best to take care of yourself, even when it seemed impossible to do so. This is a gentle reminder that we are human beings, too. The 2022 LCA Annual Conference is the perfect place to catch up, hang around, and enjoy fellowship with others who wish to strengthen our support system for one another.

The theme for the conference this year is "Together Again." I chose this theme because I felt it is straightforward, unequivocal, and genuine. For two and a half years, many of us have patiently waited to be together again. The past two LCA Annual Conferences have been virtual due to COVID-19. LCA's Executive Director, Diane Austin, and LCA Presidents Eric Odom (2020-2021) and Dr. Reshelle Marino (2021-2022) have worked hard to deliver a stable video platform delivery system for conference attendees to earn their much-needed CEUs. We are planning for the 2022 LCA Conference to be in-person. Like last year, the **Tradewing** platform will be used so attendees can view some of the workshops after the conference has ended. **Tradewing** provides video platforms for associa-

Article continues in next column

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Honored, Humbled and Stepping Down, continued from page 2

I will continue to be involved in LCA for years to come and hope that you will as well. Thank you to the administrative council members, division presidents, and committee members for your time, dedication, and collegiality. With Dr. Fonseca taking the lead, I wholeheartedly trust that we are in good hands. Take care everyone, until next time.

Reshelle

Presidential Perspective, continued from previous column

tions to engage members and also allows LCA members to post on our community bulletin board. I am very excited to see so many people posting there.

While I am discussing the engagement program, I want to make sure that each of you knows that you can earn 1 CEU per month by attending the **Ask the Expert Series** provided through **Tradewing** (which began July 8th). You can also find our mission statement for the online community, watch a video explaining how to use **Tradewing**, and read the Tip of the Week (submitted by LCA members). In addition, the person who makes the 500th post in our LCA Community Bulletin Board will win a one-year LCA membership.

Please never forget that as a member of the Louisiana Counseling Association, you are our most important and greatest asset, and we want to hear from you. We want to know what is important to you, and we are here for you. I sincerely believe that, in order for this association to continue moving forward, we need to build and nurture relationships! Relationships are the

(Presidential Perspective, concluded on page 4)

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Government Relations Update

*Dr. Adrienne Trogden,
Government Relations
Advocate*

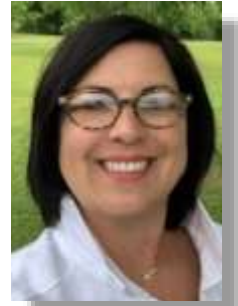
We've had a very busy year so far in Government Relations! As of June 6, 2022, Governor John Bel Edwards signed HB 582 (now ACT 341) officially joining Louisiana to the interstate Counseling Compact (effective 8/1/22) that allows LPCs an opportunity to obtain a "privilege to practice" in another state that is also a member of the Counseling Compact. The Counseling Compact needed 10 states to originally join by passing legislation in order to officially initiate the compact. The Compact now has enough states and can begin the Commission that will govern the Compact. Over the next few months, the member states (including Louisiana) will nominate their Commission delegates and the Commission will officially convene its first meeting to draft the rules and by-laws of the Compact.

Once the Commissioners develop rules and establish a method for information sharing, member states can begin granting Compact privileges to practitioners in other Compact member states. It is anticipated that the Commission will be fully operational by 2024 (although this is dependent upon the rulemaking and bylaws process) and LPCs will then be able to apply through the Compact for a privilege to practice in another Compact state. To keep up with the Compact's progress and get more information, please visit the Compact website: www.counselingcompact.org.

We will be having a Government Relations Town Hall at the LCA Annual Conference this year and we would love for you to join us there to discuss advocacy and the Counseling Compact! Check the conference schedule and join us! 

Still Taking Nominations!

*Dr. Kelle Falterman, Awards
Chair*



The Awards Committee needs YOU! Do you have a colleague who deserves some special recognition? Perhaps the person who needs to be recognized is you? Every year, the Louisiana Counseling Association takes award nominations in the following categories: Advocacy Award, Research Award, Humane and Caring Person Award, Graduate Student Award, Distinguished Professional Service Award, and Distinguished Legislative Service Award. You can find more information about each award and the link to nominate your candidate on the LCA website under "Who We Are." Please be sure to fill out the complete Google form nomination:

<https://www.lacounseling.org/lca/Awards.asp>. 

Presidential Perspective, continued from page 3

bonds that help hold the association together.

I'll see each of you at the Astor Crowne Plaza (French Quarter), New Orleans for the 2022 LCA Annual Conference! Our conference theme will come alive when **we are Together Again**.

Blessings,

Tommy

Thomas Fonseca, Ph.D., LPC-S, LMFT, NCSC, NCC





Meet the Candidates for LCA President 2025-26

Candidate Bios and Platforms

Reshelle Marino, Ph.D., LPC-S, Past LCA President

As past president, I am pleased to announce the candidacy of two accomplished LCA members who are seeking to represent you as LCA President in three years. On this page you will find a brief bio of both candidates. Starting on page 6, you will find their answers to several questions, through which they will share their goals and plans for LCA. The election will occur at the fall conference in person. Members not in attendance at the conference will vote via Constant Contact.



Meet Sean Brite, LPC, NCC

Education and Employment. M.S. in Clinical Mental Health Counseling from Loyola University, NOLA.

Professional Credentials. Residential Substance Abuse Counselor since May 2019. Mr. Brite worked for a year as an Intensive Outpatient Substance Abuse Counselor for a year prior to that. He has also worked behind the camera in several positions at television stations in MO. He also worked as a Missionary and Documentarian in Sao Paulo, Brazil for the Fraternity of the Poor of Jesus Christ, 2013-2014.

Leadership Experiences, Professional Memberships, and Honors. Mr. Brite has served on the LCA Executive Board since 2018. He is part president of LAAOC and organized the Addiction Track for the 2019 LCA Conference. He chaired the LA Opioid Crisis Symposium for Mental Health and Addiction Professionals 2019-20. Mr. Brite is a graduate of LCA's Leadership Development and Mentoring Institute, 2018. Since 2016, Mr. Brite is credited with five solo presentations at state conferences and 6 presentations with colleagues including one at ACA's 2018 conference in Atlanta, GA. He is a member of ACA, LCA, LAAOC, and Chi Sigma Iota International Honor Society, Alpha Phi Chapter. Mr. Brite was the recipient of the LCA President's Award for Outstanding Service in 2019; and Chi Sigma Iota Outstanding Service Award in 2018. 



Meet Krystal Vaughn, Ph.D., NCC, LPC-S

Education and Employment. Ph.D., in Counselor Education from UNO; M.S. in Counseling Psychology from LSU-S.

Professional Credentials. Dr. Vaughn has been Associate Professor in the Department of Clinical Rehabilitation and Counseling at the LSU Health Sciences in NOLA since 2015. Prior to that, she spent 8 years as Assistant Professor at the Tulane School of Medicine in the Department of Child Psychiatry. She has also taught graduate students at Northwestern State University in Natchitoches and for Walden University. Dr. Vaughn holds 13 certifications/licenses, including Telehealth, Rehabilitation Counselor, and Registered Play Therapist.

Leadership Experiences, Professional Memberships, and Honors. Dr. Vaughn has served as President of ACACL, LACES, and LA Association for Play Therapy. She is currently co-editor of the LCA Journal. Dr. Vaughn has served as grant reviewer and board member for numerous professional boards at both the national and state level. Dr. Vaughn has co-authored three books since 2020: [Caroline Conquers Her Corona Fears](#), [Caroline Continues to Conquer](#), and [When The Lights Went Out: A Story About Hurricane Ida](#). She has written or co-written 7 book chapters, 14 articles for refereed journals, bulletins,

(Meet Dr. Krystal Vaughn, continued on page 6)



Conversation with the candidates...
**Presidential Candidates
Speak: My LCA Vision
and Goals**

*Reshelle Marino, Ph.D., LPC-S,
LCA President 2021-22*

Again this year, we have two great candidates who seek to become servant leaders in LCA. If you saw their bios on page 5, this article shares what their goals and visions are for their term of office, should you chose to elect him or her. We begin this conversation alphabetically...

Q1. Elaborate how your background and qualifications have brought you to your decision to first become an LCA member, and now seek this leadership position.

Mr. Brite: I was fortunate while in my counseling program to have professors who encouraged me and my classmates to join LCA. I am grateful to have trusted their suggestion because LCA has supported my self-enrichment, provided invaluable opportunities for collaboration, and helped me cultivate professional pride and advocacy.

Dr. Vaughn: Through the years, I have served as President of two divisions of LCA, a journal reviewer, and the current Editor of the journal. In 2020, I began the process of founding the state branch of the Association for Children and Adolescent Counseling in Louisiana. During my time as founder and President, the board established by-laws, invited speakers to the LCA annual conference, increased membership, and issued newsletters to our members.

Mr. Brite: I see leadership as an opportunity to be of service. I have had the privilege to serve in professional and collegiate capacities. I served as President of Loyola University New Orleans Chi Sigma Iota, directing program engagement, advocacy, and fundraising. I collaborated as a presenter at numerous conferences including the LCA and ACA conferences. As President-Elect of LAAOC, I created and coordinating the LCA conference's 2019 Substance Use Disorder Presentation Track. As President of LAAOC I co-chaired with LCA President Dr. Adrienne Trogden on the creation of the

Conversation continues in next column

*Meet Dr. Krystal Vaughn,
continued from page 5*

and/or proceedings. Dr. Vaughn has given as a single presenter or co-presenter more than 30 professional guest lectures, more than 70 professional sessions at international, national, state and/or local events. She is the recipient of The SACES L. Dianne Borders Clinical Supervisor's Award and LCA Distinguished Professional Service Award. Dr. Vaughn's professional memberships include ACA, LCA, Founding member of ACACL, LACES, and the Louisiana Association for Play Therapy.



LCA Candidates Speak, continues

2020 Louisiana Opioid Crisis Symposium. My current work focuses on the treatment of addiction, trauma recovery, and reorganization of life and purpose. I am currently part of the inpatient team at Longbranch Health Care as a residential counselor.

Q2. To maintain the integrity and economic stability of LCA and counseling as a viable profession, what initiatives would you undertake to educate the public and the Legislature about the importance of LCA?

Dr. Vaughn: I believe that it is important to hear the voices of those throughout our state. While I am a Counselor Educator who specializes in working with children and families, I recognize that there are many ways that counselors provide a multitude of services. The unified voice of LCA needs to represent all regions and special-

(LCA Candidates Speak, continued on page 7)

My LCA Vision and Goals, continued from page 6

ty areas of counseling. I would invite feedback and forums from all counseling professionals.

Mr. Brite: As counseling professionals, we are in a unique position to blend education and self-insight with personal connections to enhance our client's relationship with their values, emotions, thinking patterns, and in personal relationships. The following initiatives I propose reflect the importance of professional advocacy to educate those outside our profession to view the direct and systemic benefit of counseling.

- I propose that LCA promote research in their conference that highlights specific practices that show improved outcomes with counseling professionals providing insight and services.
- I propose initiatives to increase support and collaboration for those in our profession to express concerns and emerging trends. For example, grow the network with insight to promote appropriate and relevant action to address mental health, life balance, and burn out prevention in the varied and specific environments we serve.
- I propose LCA advocate among medical professionals, hospitals and medical systems, and state and local governments and agencies on our unique training and knowledge base as professional counselors, and how it can be utilized to better serve our communities.

Q3. As LCA President of 15 diverse divisions, provide a few short and long term plans for LCA -- addressing the needs of the diverse divisions to insure that each feels their collective voice is heard.

Dr. Vaughn: LCA represents a diverse group of counseling professionals. As such, I would encourage all to attend and actively participate in LCA meetings. Additionally, I would hope to be invited to division meetings

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whereby I may hear more specifically the concerns, needs, or wishes of all 14 divisions.

Mr. Brite: It is truly a benefit to have such a diversity of divisions within LCA because it is a catalyst for perspectives and ideas that enrich all in LCA and members of those divisions. As president of LAAOC, I can recall the encouragement my division received from the LCA board, as well as the struggle to know how to best present to LCA membership the shared goals and needs of my division. In the short term, I would plan two initiatives.

- To continue to encourage structured mentoring and leadership for those interested and new to leadership in our divisions.
- To invite stronger and more established divisions to share administrative practices and strategies with newer or rebuilding divisions.

In the long term, I would plan two initiatives.

- I want to continue to support track-based presentations at our LCA conferences.
- I would like find opportunities to create lasting connections between LCA and divisional leadership and businesses, educational systems, governmental agency leadership, other appropriate organizations within the state of Louisiana.

Q4. During your membership, what is one meaningful contribution you have made to LCA or the LCA Board, specifically?

Mr. Brite: During my time as president of LAAOC from 2019 – 2020 two events came together for me: serving during the term of LCA President Dr. Adriane Trodgen and being co-chair of the 2020 Louisiana Opioid Crisis Symposium, a collaboration with the LA Department of Health. Together we created a series of professional

(LCA Candidates Speak, continued on page 8)

Conversation continues in next column

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LCA Board Mini Minutes

*Diane Austin for Felice Gaddis,
LCA Secretary*

Dr. Thomas Fonseca, President of LCA, called the meeting to order. Brenda Eccles, LA-SERVIC Past President, offered the invocation. Parliamentarian Joseph Pistorius read the Standing Rules. In the absence of the secretary, Felice Gaddis, Diane Austin, LCA Executive Director called the roll. The following business was conducted during this meeting.

☞ **Conference 2022:** The theme for this year's conference is Together Again. Dr. Mary Hermann will be the keynote speaker; for more information about our speaker, see https://www.lacounseling.org/lca/Keynote_Speaker.asp The quoted estimate for conducting a hybrid conference was prohibitive, so the Administrative Council decided on behalf of the full Executive Board to hire Bash Productions; this was the company we used in 2019. A set of sessions to be of interest to a large LCA population will be recorded and placed on the website after conference. In this way those who cannot attend the conference in person will still have an online way to earn professional development credit.

☞ **Conference Scholarships:** Student members are reminded to check the LCA Website to apply for conference scholarships. https://www.lacounseling.org/Forms.asp?MODE=NEW&Forms_FormTypeID=920

☞ **LCA Reimbursement Rate:** The Board approved a slight increase in the mileage reimbursement rate from \$0.56 to \$0.62 per mile.

(LCA Board Mini Minutes continued on page 9)

My LCA Vision and Goals, continued from page 7

trainings to include LPCs, social workers, and psychologists. Our eight-hour symposium was almost canceled due to the Covid pandemic, but we transitioned it to a virtual event and offered it at no cost to increase professional awareness into the opioid crisis. LCA and LAAOC was able to host a format providing experts and specialists in the field of addiction and substance use disorder research to present to more than 1500 mental health professionals. The gravity for me is knowing that information provided to mental health and other caring professions remains pertinent and critical in our work to combat the opioid epidemic. This experience showed me that LCA can be even more effective to our state and our Association. I hope you will give me the opportunity to try!

Dr. Vaughn: In 2020, I recognized that many in our state work with children and adolescents outside of the school environment. However, those professionals did not have representation specific to their field in LCA. As a member of the national Association for Child and Adolescent Counseling, I worked to found one of the first state branches of ACAC in Louisiana. I am proud to state that I established bylaws, appointed a founding board, and began to build the membership. It is my hope that the board continues to represent and serve the counselors in Louisiana who work with children and their families. ☞



*Free clipart from Pixabay, <https://pixabay.com/>



Triple Update – Bylaws, Strategic Planning, and Succession Planning

By: Vicki Guilbeau, PhD, LPC-S, NCC, NCSC, CCTP

BYLAWS UPDATE

As one of your current Bylaws Committee Co-Chairs, please send to me any suggestions relevant to Bylaws changes. Past suggestions from the Bylaws Committee were reviewed during the July LCA Executive Board meeting. The following points summarize the discussion:

- The membership will vote on a proposal to move the LCA dues structure from the Bylaws to the Policies and Procedures Manual to facilitate efficiency in future revisions to the dues structure.
- The membership will vote on a proposal to add the next statement: The Government Relations and Advocacy Specialist shall serve as Chair of this committee.
- Suggested Bylaws changes pertaining to Louisiana residency requirements for LCA Officers failed to pass according to official vote of the Executive Board.
- Other suggested Bylaws changes relative to prospective Division operations failed to pass but revealed a need for review of the current Bylaws.
- Leader members volunteered to be a part of a newly created ad-hoc committee charged with reviewing the Bylaws for needed changes in general but particularly any changes needed relative to prospective Division operations.
- Under the leadership of the 2022-2023 Bylaws Committee Co-Chairs, Vicki Guilbeau and Reshelle Marino, the Bylaws ad-hoc committee members are: Kellie Camelford, Christine Ebrahim, Bernell Elzey, Thomas Fonseca, Deatrice Green, Dorothy Martin, Joey Pistorius, and Shannon Smith.
-

Article continues in next column

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LCA Mini Minutes, continued from page 8

- ☞ **LCA President Elect-Elect Process:** Krystal Vaughn and Sean Brite are the two candidates for the President Elect-Elect-Elect position. Their biographies and their goals and vision statement are posted in this issue of the newsletter, beginning on page 5. The election will be conducted at the conference. If you cannot attend, you will receive an electronic ballot via email.
- ☞ **Proposed By-Laws Change:** The board approved two proposed by-laws changes to the membership. See the article by Dr. Vicki Guilbeau, LCA President Elect-Elect, for more details on page 10.
- ☞ **LCA Journal:** Dr. Kellie Camelford, Assistant Editor of the LCA Journal, discussed making the journal an indexed publication. The Board approved this recommendation and budgeted additional money for this.

Triple Update continues below

STRATEGIC PLANNING UPDATE

As your past Strategic Planning Chair, I was charged with reviving the LCA Strategic Plan. The current plan was created through the initial support of Past President Eric Odom and the culminating support of the LCA Advisory Council. The following committee members provided support during the interim process: Julius Austin, Cody Broussard, Ninette Cormier, LaSonja Eleby, Scott LeJeune, and Kelly Schoeffler. The 2022-2024 Strategic Plan was adopted by the LCA Executive Board during the July meeting. Objectives and strategies are offered in the current plan for each of the following goals:

- To Maintain the Financial Foundation of LCA
- To Ensure the Short-Term and Long-Term Via-

(Triple Update, continued on page 10)



Upcoming Bylaws Proposals

Diane Austin, LCA Executive Director

The LCA Board voted to present the following two Bylaws changes for your consideration:

CURRENT

MOVE ARTICLE 11: SECTION 5 TO POLICIES MANUAL

Dues for Membership to the Louisiana Counseling Association will be recommended by the Executive Board for approval by the membership of the Association. Dues shall be paid annually, and will entitle one to membership for twelve months from the date of payment or the date of renewal. Dues will be forwarded to the Executive Director of the Louisiana Counseling Association.

The dues structure will be as follows: ... (amounts for 5 types of membership)

PROPOSED

Move the dues structure from the Bylaws to the Policies Manual so that further changes would not require a bylaws change.

CURRENT

ADD TO ARTICLE VIII: SECTION 1.F

Government Relations Committee: Promotes the Public Policy activities of ACA and LCA in an effort to support legislation on both the national and state levels which affect guidance and counseling and performs other such duties as requested by the Executive Board. It is the political legislative arm of the Association.

Proposed

(Add to the end of the statement above)

The Government Relations and Advocacy Specialist shall serve as Chair of this committee.

bility of LCA

- To Promote the Recognition of Counseling as a Profession through Government Relations and Other Means
- To Grow the Membership
- To Exemplify Social Action and Community Involvement
- To Sustain Effective Leadership
- To Promote Counseling Research and Professional Development

SUCCESSION PLANNING UPDATE

The LCA Succession Planning Committee is an ongoing committee that meets intermittently to protect the viability of our organization through consideration of staff-related practices. The committee members are: Diane Austin, Wendy Durant, Christine Ebrahim (Co-Chair), Thomas Fonseca, Vinetta Frie, Vicki Guilbeau (Co-Chair), Reshelle Marino, Cindy Nardini, Eric Odom, and Adrienne Trogden. Recent work resulted in new/updated staff job descriptions/evaluations. Next steps include:

- Review of the Policies and Procedures Manual for needed updates as related to staff job descriptions and evaluations

LCA Member Services:

1-888-522-6362



LCA Website: www.lacounseling.org

Editor's Note: 2022 Fall Conference Dates: Unintended Conflict With High Jewish Holidays

The Executive Board apologizes for this year's conference conflicting with two high Jewish holidays. We will endeavor to avoid this unintentional oversight in the future. We hope you will understand and charge this error to our heads and not our hearts.



LCA 2022 ELECTION MAIL-IN BALLOT

CHOOSE 1 OF 4 WAYS TO
VOTE...

1. Vote in person at the Fall Conference.
2. Vote via the Constant Contact electronic ballot which will be sent to you.
3. Print and mail your vote to Dr. Vicki Guilbeau, P.O. BOX 90365; Lafayette , LA 70509.
4. Scan and email your vote **by September 16** to vickiguilbeau@gmail.com.
Late ballots will be disqualified.

LCA PRESIDENT 2025-26

See Candidate Bios beginning on page 5. The vision and goals statement about LCA from each candidate begins on page 6

SEAN BRITE, *LPC, NCC*

KRYSTAL VAUGHN, *Ph.D., NCC, LPC-S*

LCA PROPOSED BYLAWS REVISIONS

See page 10 for details on the revisions. Check the space to indicate your vote on each of the three proposed changes.

YES	NO	PROPOSED CHANGE
		Move Article 11: Section 5 to the Policy Manual.
		Add responsibility for the GR and Advocacy Specialist to Article VIII: Section 1.F

THANK YOU FOR BEING AN ACTIVE LCA MEMBER!

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What's New in PD?

Aisha Davis-Luke, PLPC, PD Committee member



The Professional Development (PD) Committee has gained some traction! As the committee enters our sophomore year, we have new co-chairs and 2 new members all looking forward to serving you.

It's a great time to be a clinician and member of LCA with many exciting things happening. New states continue to join the Counseling Compact, and the LCA Board (Government Relations) is following its progress closely. Monthly "Ask the Expert" sessions have begun and are held on **Tradewing** on the second Friday of each month.

The LCA Conference is returning in person this year. Both the pre-conference and conference sessions offer many opportunities for professional development and our committee is looking forward to your feedback when the conference ends. Currently, we're planning our first meeting of this fiscal year to prioritize the committee's goals and, of course, we'd love your input. Let us know your professional development needs by emailing us at pdlca22@gmail.com. 📧



LCA Summer Board Meeting 2022 — L-R: Austin White, Business Manager; Dr. Vicki Guilbeau, President Elect-Elect; Dr. Thomas Fonseca, President, Dr. Rashunda Miller Reed, President Elect. Right foreground: Shallene Joseph, LCDA President. Photo by Keith Wilkerson, Archives Chair.

Division President Reports



ACACL: All Aboard!

*Dr. Kelli Camelford,
ACACL President*

The mission of the Association for Child and Adolescent Counseling in Louisiana is to enhance the quality of life for children and adolescents by promoting the development of professional counselors in this area, advancing the counseling profession by promoting training specific to the needs of children and adolescents, and using the profession and practice of counseling to promote respect and understanding of child and adolescent mental health issues.

The 2022-23 Executive Board includes: Kellie Camelford, President; Krystal Vaughn, Immediate Past President; Alexis Yankowski, Treasurer; Emily McInnis, Membership Chair; and Adrienne Frischertz, Secretary. We are currently holding nominations for the President-Elect position. The term will become effective upon conclusion of the election and serves minimally a three-year term as president elect (then terms as president and past president). If you are interested in becoming more engaged and/or developing your professional leadership abilities, please consider nominating yourself!

To nominate someone, or yourself, please email acaclouisiana@gmail.com with subject line: **President-Elect Nomination** by August 31, 2022. Include in the body of the email the name of the nominee, current credentials, current place of employment, work address, phone number, email address, and length of membership to either ACAC and/or ACAC-L with a brief paragraph highlighting your experience and personal characteristics that make you a great candidate for the position. This information will be included on the election form viewed by ACAC-L voters. If you are nominating

someone other than yourself, please gain permission from the nominee before you submit the nomination.

We hope to engage with our members and find ways to nurture new leaders into the division so that we may bring members quality information and programming on child and adolescent counseling for the upcoming year. Additionally, I hope we can continue to find creative ways to connect and promote the mental health and wellbeing of our young clients through various modalities!

Some additional upcoming continued education series comes from the national association of ACAC with “Disney to Insta-Engaging You in Critical Conversations on Media Literacy” on August 12, 2022, Accessibility of Inclusive Youth Suicide Prevention and Intervention on September 16, and Establishing Gender Affirming Youth Practices in Play Therapy on October 14. For more information on these, visit the national association’s webpage: <https://acac.teachable.com>.



LAAOC: Working With You, Building Connections!

*Kourtnie Baham,
LAAOC President*



Welcome from the Louisiana Association of Addiction and Offender Counselors (LAAOC).

I am excited for the 2022 LCA conference where we will be able to network and create experiences in person! Over the next year, LAAOC’s aim will be to encourage Addiction and Offender Counselors throughout the state to come together as a form of support for ourselves and each other, when possible, as we show up for

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(Division President Reports, continued on page 13)

our clients.

If you are new to specialty or just curious about our division, you are welcome here! I have not been in this field very long but I admit that I have run into all types of challenges already - mentally and emotionally, morally and spiritually and I understand that happens when you are genuinely invested in the work you do and invested in the wellbeing of people. We understand the very ART of being in this profession; dealing with our personal lives and checking our biases while simultaneously showing up for clients. I would like to create a space to be whatever each one of us needs it to be in order to show grace to ourselves and each other when possible. Because you are important to the field. You are needed in the field. And you are valued, most definitely.

Hopefully through communion, we can share resources and connect in ways that offer better services to our clients and raise awareness for this part of the field. I can be reached on the **Tradewing** platform, on Instagram @eicnola_ or via email: ko.baham@yahoo.com. Let's discuss how you might get involved!



Connection Is Why We're Here!

Dr. Dottie Martin, LACES President

Greetings Everyone!! I am very honored to be serving as 2022-2023 LACES President. In keeping with the LCA theme "Together Again" LACES, the Louisiana Association for Counselor Education & Supervision is on the move to connecting, supporting, and showing appreciation to our fabulous counseling community!

I would like to introduce the board who are working diligently to research, explore and implement

new opportunities. Princess Lanclous – President Elect, Christine Ebrahim -Past President, Brittany Dent – Secretary, Michelle de la Paz – Committee at Large Counselor Educator, and Ebony Clifton, Graduate Student. I would also like to thank those who finished their term and rolled off the board, Joey Pistorius – Treasure and Deatrice Green – Committee at Large Supervisor. Thank you to Joey and Deatrice for all their leadership and commitment to the LACES Board.

While these are surely some unprecedented times, I have been inspired by all the ways the counseling community has come together to connect and support each other. LACES would like to continue to work in these areas as we navigate through these virtual and in person connections in counselor education and supervision. Here are just a few ways we are working toward these goals. First, for the past two years we have offered a virtual Meet & Greet for postgraduates and board approved supervisors. This year at the LCA Conference we will offer panel discussions for both postgraduates and supervisors to explore questions, paperwork, and expectations of supervision. We will further host the Meet & Greet in person at the conference. Also, look for some interesting and exciting information from the LACES track presentations at LCA, as well as virtual and in person CEU opportunities throughout the year. We further want to spotlight exciting work on our media platforms and give recognition to outstanding work through awards. We encourage you to keep up to date with all these opportunities on our social media pages as well as in the LACES group on the LCA Bulletin Board.

If you would like to get involved, please consider running for a board position. Currently, we have several positions available! We truly have an amazing board and would love to have you join us. Please contact cebrahim@loyno.edu for more information.

As a clinician, counselor educator, and clinical supervisor, I am passionate about all aspects of the counseling profession. I firmly believe a healthy

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connection creates a solid foundation. I often tell my students in this profession you will be a lifelong learner. This has never been so evident as it is today. I am very excited to connect with each of you at this year's conference and hear all about what you are learning while navigating these times and how LACES can help support you through it. Let's make a connection via email domartin@uhcno.edu or in person at the LCA Conference! I would really love to hear from you!!



LACGS

Quintin Gustin, MS, LPC, LACGS President

I accepted the presidential leadership role in LACGS, The LA Association of Counselor Graduate Students, because I believe this division is much too valuable to not save. It is a job I do not take lightly, and I know I will need the help of many of you to be successful at it. The following are a few goals set as the mission for LACGS:

1. Identify and work to eliminate conditions which create barriers to the individual and collective development of future counseling professionals.
2. Develop, implement, and/or foster interest in Graduate Student self-care opportunities.
3. Promote networking for Graduate Students.
4. Develop and implement a comprehensive resource bank for Graduate Students including current professional development opportunities.

These goals seem valuable and certainly worth maintaining. They will help graduate students at all Louisiana schools to better interact and network with each other and help towards reducing barriers to completion. For LACGS to be a successful and viable organization will require a great deal of participation from dedicated members. With this in mind, the division will hold a one hour "dessert meeting" at the upcoming LCA conference in September, when we will hold elections. We will elect a President-elect, a Secretary, and a Treasurer. We will also be electing five Regional Representatives who will serve as liaisons with universities in their areas that have graduate counselor programs. In about a month, I will send out a call for nominations. Please think about whom you might wish to nominate.

Also, it is important that our division also produce an online newsletter. Let me know if you might like to be an editor and/or write for the newsletter. We had a newsletter some time ago, and it was very good and informative. This can be a great asset to our membership once more.

Finally, a special LACGS track has been created for the upcoming LCA conference. This track is composed of a group of five speakers who will present on topics directly related to the interests of graduate students. These topics include selecting a licensure supervisor and what to expect in supervision, successful networking, dealing with financial difficulties as a student, and hot topics in licensure. There will also be a Round Table where students can bring up and discuss specific issues related to their lives in graduate school. I will send an email closer to the conference date where I will provide more information on our speakers and their presentation times.

Please feel free to email your ideas, concerns, or desire to help to LACGS.LCA@gmail.com. I look forward to hearing from you.



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Add your primary division to your conference registration form!



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LAMCD: Join Us!

Teneka Gash, M.Ed., PLPC, RSW, LAMCD President

Hello LCA! We champion the idea of celebrating diversity! I bring you greetings from the Louisiana Association for Multicultural Counseling and Development (LAMCD)! Our hope is that you all have been remaining safe and looking forward to all this new year entails!

I am grateful to serve my second term as president with Chelsea Johnson, Secretary and Nikki Lee, Government Relations. In 2021-2022, LAMCD was recognized as a state branch of AMCD!

Future LAMCD initiatives include hosting a virtual member/interest meeting via LCA Bulletin Board. We look forward to connecting with members and the opportunity of generating an increase in membership. Initiatives will also include a virtual luncheon for all past LAMCD Presidents, Division Board/Member Spotlight and publication/distribution of our division newsletter.

If you are interested in joining LAMCD to promote increased knowledge in multiculturalism, please reach out to our designated email: LAMCDivision@gmail.com and visit our Facebook page - @LAMCD1, as your participation is highly valued.

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LAMFC, LA Assoc. of Marriage and Family Counselors, no article submitted this quarter.

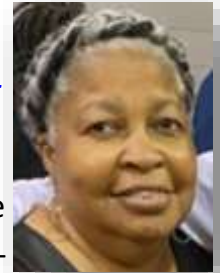
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Division Reports continue in the next column

Louisiana Lagniappe

Welcome Back!

Brenda Eccles LASERVIC Past President



What a joy to know that we are going to see each other September 25-27, 2022, at the New Orleans Astor Crowne Plaza for the 2022 LCA Conference! I am so elated to see this opportunity come to fruition and be able to mingle and share memories since our last physical encounter at a conference.

As always, we have wonderful presenters coming to share their experience and knowledge with us at the conference. In humbleness and desire to serve others, our LCA leadership has planned a space for comfort, empowerment, and wellness for all. It's a blessing to know that practically everyone has a spiritual calling to provide an opportunity to impact the environment. LASERVIC is praying for a successful conference, good weather and certainly good food for all.

Let me take this opportunity to extend an invitation to you to join the LASERVIC Division of LCA at this year's conference as a member of LASERVIC if you are not a member. You are always welcomed with open arms. You have to be a member of LCA in order to list us as your division. One of the benefits of being a member of LCA is that you can join as many divisions as you like; make us one of them. For more information, contact Dr. Sopheia Jones, President, via sopheia@abrighterpathcs.com or me Brenda Eccles, 2beccles2@gmail.com.

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Reshaping Connections to Grow Together

Brittney Johnson, M.S., LPC, NCC, LCCA President

Greetings from the Louisiana College Counseling Association! Much like the malleable structures of a brain, we have each changed in response to our experiences over the last couple of years. How could we not, after being faced with an onslaught of global health, environmental, social, and financial crises? We adapted – both personally and professionally. However, concepts of neuroplasticity don't just teach us that we are shaped by our experiences, but that there's always opportunities for new connections and growth.

This year, LCCA's goal is to revitalize the ways in which we connect with and support one another. We're grateful to LCA for providing an online community platform that we can use to chat, share updates, exchange resources, and virtually gather. And we're excited for the chance to see so many familiar and new faces in-person at this year's LCA conference. We hope you'll consider joining us at our LCCA luncheon, one of the LCCA track presentations, or to network in the hallway during breaks.

We are currently accepting nominations for vacant positions on our governing board, which will be voted on during our general business meeting at the LCCA luncheon. If you have a passion for working with college students and are curious about becoming a division leader, send us a message! If you're a prospective or current LCCA member with ideas, a desire to get more involved, or a need for support, don't hesitate to reach out.

If you have any interest in becoming a leader within our division, presenting at our fall/ winter

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workshop, or any other questions, feel free to contact us at lcca.leadership@gmail.com. We look forward to seeing you all at the LCA conference in September!

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Balancing In The In-Between

Shallene Joseph, M.S., M.Ed., PLPC, NCC, LCDA President



Hello LCA members! I am excited to be at the helm of Louisiana Career Development Association (LCDA) this year as we move further into our new normal. Though our day to day lives regularly shift with the macro and micro aspirations, successes, concerns, and setbacks of our homes, neighborhoods, towns/cities, state, country, and larger global society, I am confident that we LCA members are supporting finding the balance in the in-between in both the professional and personal realms of our lives.

While career development may not define us as humans, its impact on us is ever reaching. Career supports our goals and values, connects us to others, and for some, fulfills our passion and/or purpose. For that reason, whether you are a current member of LCDA or not, you are in fact, a career counselor. LCDA is excited to support the professional and personal growth of all LCA members and we welcome all to join us on the journey in the role(s) that works best for you, whether spectator, participant, or somewhere in the in-between.

The LCA conference in September presents us with a great opportunity to reconnect, and for some, to meet for the first time. We have a breadth of topics related to career on the LCDA track this year that we look forward to sharing with you. In addition to offering a track for the LCA conference this year, the LCDA board has great things in the works—one being the return of the LCDA conference. Stay tuned for more information in the

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coming months, which will be shared via future Lagniappe articles, **Tradewing**, and email.

In additional career related news, November 2022 is National Career Development Month, November 14th –18th is National Career Development Week, and November 16th is National Career Development Day. The National Career Development Association (NCDA) will be holding the 57th annual Poetry & Art Contest in celebration of National Career Development Month. More details will be released soon, however, for those with an interest, this year's theme is "Careers Around the World". Entries will be judged on how they celebrate and inspire career development with a positive tone while emphasizing the national theme. Entries may be either poetry or art. Contest division areas include:

- Primary - grades K-2
- Intermediate - grades 3-5
- Middle - grades 6-8
- Senior - grades 9-12
- Adult Student - ages 18 and older, enrolled in school
- Open Adult - ages 18 and older, not enrolled in school

The winning entries for each division will be recognized and displayed on the NCDA website in June, as well as at the annual Global Career Development Conference to be held in each summer. National winners will also receive a special certificate from the National Career Development Association. For more information on National Career Development Month, visit <https://ncda.org/aws/NCDA/pt/sp/ncdmonth>.



LCSJ: Essentially This
Shemeka Faulk, LCSJ President

As counselors who are involved in advocacy for our clients in many ways, we can use social and restor-

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ative justice principles in all our work with clients, families and amongst ourselves. According to ACA, the objective of creating a fair and equal society in which each individual matters, their rights are recognized and protected and decisions are made in ways that are fair and honest.

For LCSJ we are setting the foundation of working to create an environment that is equal to all. Coming Together Again helps us to get our needs met and to better learn how to help others meet theirs. The Louisiana Counseling Social Justice (LCSJ) committee's mission is to create a fair and equal environment for professionals that provides everyone an opportunity to be heard, seen, and considered when decisions are being made. Coming together again helps us to get our needs met. One way to get this done, is by working together to identify our needs and doing the important work it takes. Integrity is at the very foundation of our organization. Being ethical, fair, and honest will always be in style and never change. We need your help to get this done.

For members of this Division, creating visibility is extremely important. Look for our table at the upcoming LCA Conference where you can pick up resources, membership forms and chat with us about social justice issues that are important to you. Building a strong coalition of committed professionals and providing a healthy diet of information in social justice and counselor engagement is essential.

Collaborating with others on how they use social and restorative justice principles in their counseling work will help us meet the needs of our profession. We invite you to join us as we build membership for 2022-2023. If you would like to be involved in LCSJ, please contact, Shemeka Faulk, via email shefaulk77@gmail.com; Michelle LaFitte, via lafittmr@yahoo.com; and/or Dr. Joelle Nixon, via Joellenx@aol.com. Membership is only \$5 a year, contact Diane Austin to add LCSJ to your membership at any time. Thank you for your attention and interest.

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LMHCA: Rebuilding Community!

Dr. Deatrice Green, LMHCA President

Hello from the Louisiana Mental Health Counselors Association (LMHCA). I am elated to begin my term as LMHCA's President from 2022-2024. A group of amazing people joins me on the Executive Board and Advisory Council, including Amy Dufrene - President-Elect; Brittany Hebert – Secretary; Myiesha Beard - Past President; Dr. Princess Lanclos, Donna Barnes, and Sharletta Tennie. I want to welcome our newest members of the Advisory Council, Dr. Trenise Harris-Lawson, Arielle Laurent, Veronica Blaze, and Jodi Manton.

Although we'll be concluding our first webinar series with "How Do You Feel Toward That Feeling?: Skills for Self-Compassion, on September 9th at noon via **Tradewing**, we are excited to be able to continue to offer a diverse lineup of presentations for the LMHCA conference track. We hope this year's track will be valuable and exciting for both LMHCA members and other conference attendees. Below are the LMHCA track presentations at LCA. Come join us!

- *Dr. June Williams - A Critical Review of Prolonged Grief*
- *Dr. June Williams - Grief-Informed Care in a Grief-Illiterate Society*
- *Dr. Sonia Blauvelt - Suicide Risk, Prevention, and Safety Planning for Marginalized Populations: Focus on LGBTQIA+ and BIPOC Individuals*
- *Dr. Laura Fazio-Griffith and Dr. Reshelle Marino - Teleplay Supervision: How to Incorporate Expressive Arts and Play Therapy into Supervision Process*

- *Dr. Reshelle Marino and Dr. Laura Fazio-Griffith - Ethical Considerations in Play Therapy Supervision*
- *Dr. Deatrice Green and Janeczka Villalobos - Till tradition do we part: The Role that Tradition and Culture Play in Suicide within the Hispanic/Latinx community*
- *Dr. Princess Lanclos - United in Grief: Exploring the Impact of Intergenerational Trauma and Substance Abuse within the African American Community*

We're planning to continue to bring our members a variety of professional development via our webinar series and our annual conference. Evaluations will be sent to you all to solicit feedback and suggestions on topics for future workshops and things we can do to improve.

My goals for LMHCA this year are to increase communication with members utilizing emails and online platforms, continue offering professional development, and increase activity and visibility across the state. We are always looking for new members for our committees and governing board. If you are interested in joining a committee or becoming a regional representative, please reach out to me at lmhcapresident1@gmail.com. Your engagement and participation are vital to LMHCA and LCA, so please reach out with any inquiries.



New Boots on the Ground

Kathy Lammert, LPC-S, LMFT, NCC, LMGCA President



Salutations from the LA Military and Government Counseling Association (LMGCA). LMGCA is a division of LCA. Our new association provides counseling, educational programs, and services for members of the Military and Veteran community. Thanks to Past President Deborah Allsbrook, LPC-S and Past-Past President Debbie Lang, LPC-S for their wisdom and experience.

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We hope to see you at our LMGCA luncheon at the LCA Conference on Sunday September 25th. We are planning on having a Military chaplain as our guest speaker. Attendance at the lunch will include a one hour CEU. More information will be posted on Tradewing.

I am also pleased to announce our four speakers for the upcoming LCA Conference in September 2022. Our LCA Speakers will be: Christian Dean, Ph.D, LPC-S, LMFT-S; Jamie Jones, LPC; Debbie Lang, LPC-S and Emily Meyers, LPC. Please check-out our LinkedIn page at <http://linkedin.com/in/la-military-and-govern-ment-counseling-association-9b1262235>.

In conclusion, we are currently accepting nominations for the LMGCA President Elect for 2022-2023. If you would like more information, please email me at KATHYLPC@YAHOO.COM



LSCA, LA. School Counselor Assoc., no article submitted this quarter.



Exciting News From PLPC

Bernell L. Elzey, Jr., PLPC, NCC, PLCA President

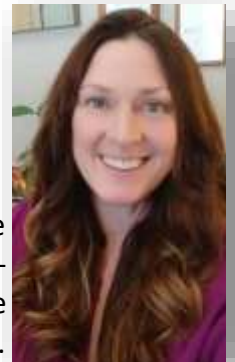
On behalf of the Provisional Licensed Counselor Association (PLCA), Louisiana Counseling Association (LCA), and its Executive Board, I am pleased to welcome you to the start of my 2022/2023 term in office. The goal of the PLCA is to represent and promote the interest of the Louisiana Counseling Association among provisional LPCs by providing professional development, resources, and Information. In this way, we help to support those who have recently entered the profession, including but not limited to graduate students, PLPC designated Professionals, and/or those who were recently fully licensed.

I am very excited about the many things we have in store for this upcoming year. Most importantly, PLCA is offering TWO LCA Conference scholarships one each to PLCA members. This scholarship is only for registration fees!!! Additionally, we are looking for nominations for the 2023/24 Executive Board. If you are interested in learning more information, please email us at plcalouisiana.org.



Increasing Competency & Community

Shannon E. Smith, LPC, NCC, SAIGE-LA President



I am the new President of the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities of Louisiana (SAIGE-LA). (See infographic in next column) SAIGE-LA's mission is to advocate for LGBTGEQIAP+ individuals within the counseling profession and to promote the professional development of counselors and related professionals to improve the provision of mental health services to LGBTGEQIAP+ individuals. I am supported by an equally passionate team, which includes President Elect Ledora Yerks-Birdlow, LPC-S, NCC; President Elect-Elect Melissa Ray, LPC-S; Secretary Pamela Shultz, B.S.; Trustees Michelle Jolivette, PLPC & Kenneth Schmitt, LPC-S, RPT-S; and Past President Mark Leggett, PhD, LPC, NCC. We have created a new logo, a new email address, and a newsletter. And, we've updated our social media presence. You can find us on Instagram: @saige_la, on Facebook: @SAIGELouisiana, and on the LCA Tradewing Community (<https://lca.tradewing.com/groups>). You can email me or any of the other division leadership at saige.louisiana@gmail.com.

We've also been busy planning for the LCA Conference in September, where we will be bringing you an exciting and diverse track of presentations by members of the division and by invited mental

(Division Presidents Report, continued on page 20)

LGBTGEQIAP+ Initialism

L Lesbian

G Gay

B Bisexual

T Trans*, Transgender; & Two-Spirit (2S; Native Identity)

G Gender-Expansive

E Queer; & Questioning

Q Queer; & Questioning

I Intersex

A Agender; Asexual & Aromantic

P Pansexual; Pan/Polygender; & Poly Relationship Systems

In an effort to make the Initialism inclusive of multiple identities and to be stated with increased ease, rather than add repeated letters, we have included multiple identities within each letter. With the recognition that no abbreviation of our communities' identities are perfect, this is not intended to disrespect any identity, but rather to provide the most inclusive initialism as a starting point to discuss and advocate for our shared communities' identities and rights and our individual identities.

We continue to be Inclusive of Other Related Identities by Being Committed to Ever-Expanding, Learning, & Growing the Acronym and Our Understanding of These Identities

Society for Sexual, Affective, Intersex, and Gender Expansive Identities (SAIGE) is a division of the American Counseling Association (ACA).

? For this and more information, visit saigecounseling.org/
Created by Dr. Clark D. Ausloos (2020)

Infographic submitted by Shannon Smith, SAIGE-LA President

health professionals. SAIGE-LA is devoted to increasing counselor competency with LGBTGEQIAP+ individuals. In addition to the LCA Conference, we plan to sponsor continuing education opportunities throughout the year. If you would like to present or would like to suggest a presenter, please let us know.

SAIGE-LA would like to connect all of the great counselors across the state who are already providing effective, culturally informed, and ethical services to LGBTGEQIAP+ individuals. By creating a community of providers, we hope to better support ourselves and the clients that we serve. If you would like to be featured in our newsletter or want to share upcoming training or networking opportunities with our membership, please email us.

We can't wait to be "Together Again," so please join us at our annual board meeting or stop by our table at the Conference. We welcome new members and more active involvement from current members. And don't forget to indicate SAIGE-LA as your primary division when you register for the LCA Conference.

I'd like to close by expressing my gratitude. First, thank you to Diane Austin for all of her encouragement and assistance in the first month of my leadership. Next, I would also like to acknowledge three of the past SAIGE-LA/ALGBTIC-LA Presidents, who kept the division running, usually on their own, for many years and who were helpful to me during my transition. Thank you to Mark Leggett, Keri Satterfield, and Kenneth Schmitt, for all of your time, energy, and devotion to the mission of this division. And, lastly, thank you to the late Dr. Catherine Roland. From my first LCA Conference when I met Dr. Roland, I had a great deal of respect for her and appreciated her encouragement. I was heartbroken to learn of her passing last year, and I will deeply miss her leadership, her wisdom, and her advocacy for LGBTGEQIAP+ counselors and clients. ☹️





*From Me to You

Teneka Gash, M.Ed., PLPC,
RSW, LAMCD President

Some people of color abstain from voting which causes their voices to be unheard. As you may know people of color tend to disregard voting which causes voices to be unheard. Now is the time to change the data and stand up for our rights as human beings.

In a 6-3 decision that passed on June 24, 2022, Justice Samuel Alito has led the charge of overturning Roe v. Wade, which was a landmark case in 1973 protecting the privacy rights of health information of those seeking the legal medical procedure of aborting an unwanted pregnancy. Roe's ruling in 1973 did not impact the number of abortions performed in the US as it remained around one million conducted. Instead, it impacted the number of deaths occurring as result of illegally performed abortions, significantly decreasing it.

The overturning of Roe v. Wade will impact everyone, especially women of color, who disproportionately have higher maternal death rates than any other ethnic group. The other cases that are now on the Supreme Court's docket following Roe's overturn according to Justice Clarence



tonately have higher maternal death rates than any other ethnic group. The other cases that are now on the Supreme Court's docket following Roe's overturn according to Justice Clarence

Article continues in next column



*From Me To You is a new series of member driven messages. If you have something you would like to share, please send it to me, at icanews@outlook.com

Louisiana Lagniappe



Thomas are legalize gay marriage (Obergefell v. Hodges 2015), barring the criminalization of consensual homosexual conduct (Lawrence v. Texas 2003), and protecting the rights of married people to have access to contraception (Griswold v. Connecticut 1965). It is possible that interracial marriage (Loving v. Virginia 1967) may be on the chopping block if the aforementioned are overturned as our rights are being infringed upon before our very eyes.

Not expressing your position is the same as having NO position. Are you willing to allow others to hold your future in their hands?

Resources

Troutman, M., Rafique, S. & Plowden, T.C. Are higher unintended pregnancy rates among minorities a result of disparate access to contraception?. *Contracept Reprod Med* 5, 16 (2020). <https://doi.org/10.1186/s40834-020-00118-5>.

<https://www.npr.org/2022/06/24/1102305878/supreme-court-abortion-roe-v-wade-decision-overturn>

<https://supreme.findlaw.com/supreme-court-insights/roe-v-wade-case-summary-what-you-need-to-know.html>





Navigating Boundary Dilemmas

*Quintin Gustin, MS, LPC,
Newsletter Committee*

When I think of the word “boundary,” I usually picture a piece of land with a strong fence that distinctly demarcates one property from the next. Unfortunately, in the world of counseling, our world, boundaries are not always so clearly delineated. Oftentimes in counseling, boundary issues can be subtle and their progression insidious. The decay of boundaries can feel less like running into a strong fence and more like slowly sliding down a mountain of mud.

Frequently, a boundary violation seems small, and the counselor sees no potential repercussions. But then, repercussions occur—the counselor becomes trapped in an ethical dilemma. Here’s an example: suppose you are leading an evening group counseling session and, as you start your car in the dark parking lot, a client knocks on your window and requests a ride home. Her partner didn’t show to pick her up. There is no one else there, so you agree to give her a ride, just this once. A quick decision was made that holds the potential for many negative ethical outcomes.

We all know about transference in our clients. Yet, how aware are we of our own counter-transference issues? Do we have a client that we look forward to seeing more than other clients? Are we no longer objective regarding this client? Are we attracted to this client? Each year, in every mental health profession, many practitioners are disciplined for sexual misconduct with their clients. What are the roots of this behavior? Did it start innocently with counter-transference issues of which the professional was unaware and, therefore, took no action to resolve?

Perhaps the easiest slide down that slippery mountain of mud is through dual relationships. We all know – or should – that we ought not be having

drinks or dinner with clients after work. However, what if we find ourselves at the same party? What then? And what about hiring clients to work for you? A number of years ago, I had several clients who were expert landscapers. They had proudly showed me pictures of their work. And did my yard ever need landscaping! Yet, I couldn’t use them. What if I didn’t like the job they did for me? What if I thought they had charged me too much, or, too little? What if my other client landscapers wondered why I had not hired them? This was a boundary issue rife with negative possibilities.

These are merely a few of the many boundary issues that can pose dilemmas. This is especially true when we are starting out and are inexperienced, but these issues are subtle and insidious enough to be a danger to all. We must be aware and vigilant at all times. Here are some ideas that can help us keep safe.

- First, don’t work in isolation. Have a mentor or colleague with whom you can discuss your concerns.
- Secondly, always ask yourself if the client is potentially being exploited. Remember the power differential.
- And, finally, respect your client’s autonomy. Stay vigilant; be thoughtful!



CURRENT AND FUTURE LCA LEADERSHIP! From L-R: Dr. Vicki Guilbeau, President Elect-Elect; Dr. Rashunda Miller Reed, President Elect; and Dr. Thomas “Tommy” Fonseca, President. Photo by Keith Wilkerson, taken at the summer LCA Board Meeting.

Article continues in next column

Photo taken by Keith Wilkerson, Archives Chair



First row, L-R: Keith Wilkerson, Archives; Bernell Elezy, PLCA; Shallene Joseph, LCDA; Dr. Rashunda Miller Reed, President Elect; Dr. Thomas Fonseca, President; Dr. Vicki Guilbeau, President Elect-Elect; Dr. Dorothy Martin, LACES; Quintin Gustin, LACGS. **Middle row, L-R:** Austin White, Business Manager; Brittany Johnson, LCCA; Sonja Smith Polley, LAMFC; Dr. Christine Ebrahim, Mentoring Institute; Shannon Smith, SAIGE-LA; Shemeka Faulk, LCSJ; Brenda Eccles LASERVIC proxy; Dr. Kellie Camelford ACL; Dr. Deatrice Green, LMHCA; Chelsea Johnson LAMCD proxy); Aisha Davis Luke, Professional Development Committee. **Top row, L-R:** Kourtnie Baham, LAAOC; Joseph Pistorius, Parliamentarian; Vinetta Frie, Newsletter Editor.



In attendance but not pictured, l-r: Diane Austin, Executive Director and Kathy Lammert, LMGCA



LCA Bulletin Board on Tradewing

The [LCA Bulletin Board](#) is ACTIVE!! Gather virtually with members to support and advance the mental health profession and their individual careers through collaboration, continuing education, volunteerism, and building relationships.

You will find each Division setup as a group where you can connect with and learn from each other. We welcome you to share a question, a challenge you are currently facing, or advice you wish you had learned earlier in your career in the discussions.

To access the LCA Bulletin Board, use this link: <https://lca.tradewing.com/> to access or create your account today! 🌀

**Look for us at the
Fall Conference!
Ask how to become a more
ACTIVE LCA Member!!
We've got ideas!!**

2022-2023



LEADERSHIP ROSTER

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LEADERSHIP
COMMITTEES
DIVISIONS

The *Louisiana Lagniappe* is the quarterly newsletter of the Louisiana Counseling Association, LCA. LCA is the state branch of the American Counseling Association, ACA. LCA includes 2,300+ members, and 13 Divisions with two affiliates! LCA unites professional counselors from diverse work settings into a single statewide organization. LCA works to promote advocacy, collaboration, and networking among its membership for the good of Louisiana's multi-generational clients.

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via lcaneews@outlook.com. Please use *Lagniappe Error* in the subject line to report an error.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: Vinetta Frie, Editor; Diane Austin, Quintin Gustin, and Lisa Launey, Contributing Editors; Dr. Christine Ebrahim & Dr. Vicki Guilbeau, proofreaders.

SUBMISSIONS

Send all submissions to newsletter editor, Vinetta Frie via her e-mail address: lcaneews@outlook.com. To assure a speedy response, please include the words: *Lagniappe Article*, in the subject line. Electronic submission of photographs via e-mail as a .jpeg or .png file *is preferred*. Submission of hard copy photos or on disk or flash drives become the property of the newsletter.

**NEXT NEWSLETTER
SUBMISSION DEADLINE:
October 7, 2022**



Louisiana Lagniappe

Get A LARGER Conference Rebate For Your Primary Division!

Vinetta Frie, Lagniappe Editor

In addition to providing professional development and networking opportunities, the annual LCA Fall Conference is vital for our fiscal health. When the conference is a financial success, LCA splits the net profit (amount of money left after all conference expenses) with the Divisions. The formula to divide the net profit is proportional to the number of division members who registered for all or part of the conference! The more division members who indicate their primary division when registering for the conference, **the larger that division's rebate!!**

This practice has helped many divisions provide services to their members without having to raise their dues! Remember when YOU are registering for conference to indicate your **primary division!** It is a painless way to increase your division's share of the profits! 🌀

With Heartfelt Thoughts and Prayers

✉ Please remember all LCA Members and their loved ones whose passing has not been reported to us. Their loss is no less important to all of us than any mentioned here by name.*

✉ We just learned that a former LSCA President, Josephine Hawkins, lost her husband and mother last year. Please remember her and her family.

✉ Please remember the family of Larry D. Pratora counselor, educator, and long time LCA member who passed a way in July. Thank you Tiffany Hatfield, for letting us know.

**Please help us to recognize any member's serious illness, grieving, or recent death. Please share the information with either Diane @ licaustin@bellsouth.net or Vinetta @ lcaneews@outlook.com. If you have a photo of that member, please share that with us as well. It will help us all remember better. Thank you, in advance.*

